



Sunday, March 7, 2010

9:00am to 12:00pm

Free Coaches Clinic

COACHES CLINIC PRESEASON



Coaches Name: _____

Coaches Program: _____

Coaches Email Address: _____

Age Group(s) Coached: _____

3 Clinics

Beginning Coaches Clinic - Joanna Katola
Experienced Coaches Clinic - Krystin Porcella
Rules - Sue Diff

Schedule

9:00am -10:00am - Rules with Sue Diff
10:00am - 10:10am Break
10:10am 12:00pm - Clinics

Mail registration form to: TOP of the BAY sports
1 Meadow Springs Drive
Bel Air, MD 21015
or bring the form with you on March 7th



Women's Lacrosse team will perform live demonstrations

*Each Coach receives a drill & concept packet

www.topofthebaysports.com